



Engage Through Prayer

An Embedded Influencer Tool

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. -Philippians 4:6

One of the challenges of being on mission with Jesus and building gospel friendships is knowing when to introduce the idea of faith into your conversation. On-the-spot prayer is a natural and loving way to do that. This practice introduces your faith in Christ in a non-threatening way, and yet opens the door for further spiritual conversations. Let these three T words and/or the “not” phrases that go with them be a trigger for you. When someone within your orbit of influence is going through something, and you hear one of these 3 T’s, your next sentence will be, “Can I pray for you right now?”

TRIAL: IT’S NOT GOING WELL

Maybe the person is struggling as they go through a divorce, or they’re stressed about their kids, they just got a difficult health diagnosis, or didn’t get into the college they applied to. Often during times of intense trials, people are most open to a gospel presence.

TREPIDATION: I’M NOT READY FOR THIS

Maybe your friend is at a crossroads in life. The start of a new job, they just got married, had their first baby, went off to college, are empty nesters. Prayer is a stabilizing force.

TRANSITION: I’M NOT FROM HERE

If your friend feels like an outsider, they just moved to a new city, started a new job, moved into a new house, a new neighborhood, or a new department. During times of transition, people are open to prayer and support.

A simple prayer at these moments could bear spiritual fruit even years later.

HOW CAN YOU INCORPORATE THIS TOOL INTO YOUR LIFE?

- Tune your ears to hear these 3T’s in your conversations wherever you live, work, learn, and play: with the neighbors, at church, with your kids, with the waitress at your favorite lunch spot, and with coworkers/employees.
- Train yourself to respond. Every time you hear one of the 3T’s, respond with these 7 words: “Can I pray for you right now?” People almost never turn down an opportunity to be prayed for, regardless of religious background, political persuasion, or skepticism. People consider it an honor to be prayed for.
- Pray a simple prayer. After you ask, “Can I pray for you right now?” and they say, “Yes,” you simply put a hand on their shoulder and say a simple prayer. It is a profound gesture that makes a deep impact. You can say:

God, be with (name) in this situation. I don’t know all the details, but you do - and God if you would intervene, if you would bring clarity and calm, I know (name) would be so grateful and I would too because it would mean that you heard and answered our prayers. So, I bring (name) to you right now – God would you let Him know you’re with him every step of the way? Amen.